



education | research | community service | international outreach | industry recognition

A letter from our Leaders

Dear Friends and Colleagues of the Osteopathic Profession,

On behalf of the American Osteopathic Foundation (AOF) and the Board of Directors, we are delighted to share with you the 2018 Annual Report.

Under the Foundation's new leadership, AOF is making great strides to further our mission of supporting programs and services that promote osteopathic medicine and enhance patient-centered care.

We continue to monitor our progress and set the pace as the philanthropic leader within the osteopathic community.

More money raised. Thanks to your generous support, total donations raised by AOF in 2018 increased by nearly \$280,000 which helped ensure the Foundation could fully execute its annual goals despite the economic downturn in the 4th quarter.

Leading and collaborating with our professional partners. AOF continued to support more nascent and promising research activities and through a concentrated, collaborative effort, AOF doubled the number of grants awarded in this area.

More scholarships and awards. Over 100 awards were distributed and the total dollar amount given away grew by \$179,000.

Broader international presence. International outreach expanded to include East Asia, the Pacific, and Europe. The total number of grants provided for international relief through osteopathic medical services tripled in 2018.

All in all—a great year! However, amidst the good news, 2018 was not without its challenges. The U.S. stock market ended its bull run and posted its worst year in 10 years. We also experienced a downturn in the investment portfolio. This, coupled with congressional changes to federal and state laws around functional allocations resulted in the appearance of higher management and fundraising expenses. In reality, this was due to new coding requirements which are impacting non-profits across the country. We hope Congress will soon understand this negative impact on non-profits and remedies the situation for this fiscal year.

In the meantime, we are thankful for a quick and full rebound of our investment portfolio and we are looking forward to another fruitful year for the Foundation.

We also remain ever optimistic about the future for our students, new physicians in practice, educators, researchers and industry partners. Osteopathic medicine is a beacon of light within the healthcare industry—and we look forward to leading by example for our patients and our profession.

Your philanthropic partners,



Martin S. Levine, DO, MPH
2019 AOF President



Dixie Tooke-Rawlins, DO
2018 AOF President



Our **Mission**

To support programs and services that promote osteopathic medicine and enhance patient-centered care.

Our **Vision**

To be the leading philanthropic advocate of osteopathic medicine.

Our **Values**

Stewardship: We are committed to strengthening our internal capacity in an effort to raise philanthropic capital.

Collaborative Leadership: We advance our mission by investing in the future of osteopathic medicine through strategic partnerships that align with our vision and values.

Excellence: We recognize and honor excellence in education, research and lifetime contributions to the osteopathic profession.



Victoria Egedus, OMS III, Midwestern University Chicago
College of Osteopathic Medicine

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***To the Directors who completed their service with the Foundation on December 31, 2018, thank you for your commitment and dedication, and for your continued support of the osteopathic profession that will impact many generations to come.**

Inspire and empower through **Scholarships**

AOF provides educational scholarships to osteopathic medical students in an effort to defray costs of medical school and to recognize outstanding student physicians who are already making a lasting impact in the profession.

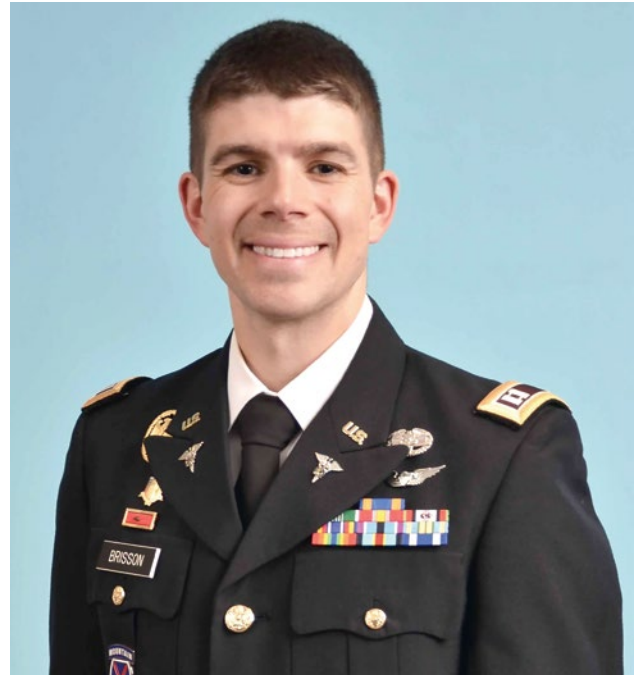
Scholarship **Spotlight**

AOF/AOA Presidential Memorial Leadership Award

CPT (P) Michael Paul Brisson, OMS IV, Edward Via College of Osteopathic Medicine – Auburn Campus

2018 award winner, Student Doctor Brisson observes,

“As a credentialed public health professional, I understand the importance of preventive medicine and comprehensive patient care, which are tenets emphasized and practiced daily by primary care physicians. I have the public health training and leadership experience necessary to supplement my practice as an osteopathic primary care physician in rural Alabama.”



CPT (P) Michael Paul Brisson, OMS IV, Edward Via College of Osteopathic Medicine–Auburn Campus

The AOF offers nearly 30 different scholarships and grants to more than 100 recipients annually. The AOF/AOA Presidential Memorial Leadership Award, formed in partnership with the American Osteopathic Association, recognizes an osteopathic medical student who is committed to the principles of osteopathic medicine and who is making strides toward becoming a top student leader.

To learn more about scholarship opportunities, [visit the AOF website.](#)

Open new doors for discovery through **Research**

The Foundation's focus on research is growing rapidly as the osteopathic community continues to explore innovative research that will change the course of modern medicine.



Alyssa M. Ritchie, OMS IV, Ohio University Heritage
College of Osteopathic Medicine–Dublin

Introducing AOF's Rocovich **Research Award**

The inaugural Rocovich Research Award was bestowed in October 2018, to Nicole Angelo, OMS IV, New York Institute of Technology College of Osteopathic Medicine

The award, established to recognize an osteopathic medical student in good standing, resident, or physician who is advancing the profession by contributing to scholarly work through research was endowed by the Edward Via College of Osteopathic Medicine (VCOM) in honor of its founders, John Rocovich, JD, and Sue Ellen Rocovich, DO, PhD.

The subject of Student Doctor Angelo's research is "The Effectiveness of Osteopathic Manipulative Medicine (OMM) versus Concussion Education in Treating Acute Concussion Symptoms in Student Athletes." In the randomized, controlled study, subjects received two OMT treatments over a one-week period to assess whether the treatments improved symptoms, balance and neurologic inflammation. Results will be published in the JAOA – the Journal of the American Osteopathic Association.

Spotlight Research Award: **AOF's Burnett Student Researcher Grant**

Heather Johnston, OMS IV, Arizona College of Osteopathic Medicine

This award recognizes an osteopathic medical student for his or her dedication to osteopathic-oriented research.

The subject of Student Doctor Johnston's research examined the clinical effect of OMT in treating anxiety as well as the ability of OMT to balance the autonomic nervous system. As the lead student researcher, Student Doctor Johnston designed and performed research protocol as well as obtained funding and approval for the project.

Learn more about research initiatives supported by the Foundation by [visiting the AOF website](http://aof.org).

Support the community through **Service Projects**

The AOF provides multiple opportunities for osteopathic professionals to partner with the Foundation to secure funding for projects that provide accessible care in rural communities.

AOF's Human Touch **Community Impact Grant Program**

empowers student volunteers to improve the physical health and well-being of their community.

Andrea Weir, National Liaison Officer of Student Osteopathic Medical Association, Philadelphia College of Osteopathic Medicine

This award was given to help support the student-run clinic and “Nutrition in Medicine” club. To demonstrate that healthy food can be affordable, the clinic/club created “Cooking Up Courage,” a series of five culinary and nutrition-focused workshops targeting under-served populations, in particular individuals and families living in shelters or at-risk situations. Each workshop focused on a different recipe and provided handouts with nutritional daily values, an ingredient list, instructions, and estimated food costs.



Students from Philadelphia College of Osteopathic Medicine preparing for “Nutrition in Medicine” workshop.



The **Caring for Communities Award**

honors extraordinary humanitarian efforts in overlooked communities within the United States, and recognizes clinics utilizing the aid of osteopathic physicians to serve disadvantaged communities.

Suburban Community Health Promoters Program, Mary Elizabeth Vitucci, DO from Suburban Family Medicine provides osteopathic care to the under-served population of the Philadelphia suburbs, including many immigrants and first-generation Americans. The clinic’s Health Promoters Program strives to break down barriers and improve access to health care for disadvantaged populations. Through the Health Promoters Program, Suburban Family Medicine’s residency program holds monthly health events at the local community center, including blood pressure checks, cholesterol and glucose screenings, physicals for both adults and children, and OMT.

Bridge the international divide through **Humanitarian Outreach**

Humanitarian outreach continues to be a focus of the Foundation. AOF's Rossnick Humanitarian Grants provide funding for members of the osteopathic profession to travel to under-served, under-developed or disaster-stricken areas to provide medical care to people with extreme need. In 2018, AOF awarded 43 Rossnick Grants throughout the year, representing a 70% increase over 2017. This Fund, established through a generous donor's planned gift, has enabled osteopathic medical professionals to treat the underserved in 19 countries around the world.

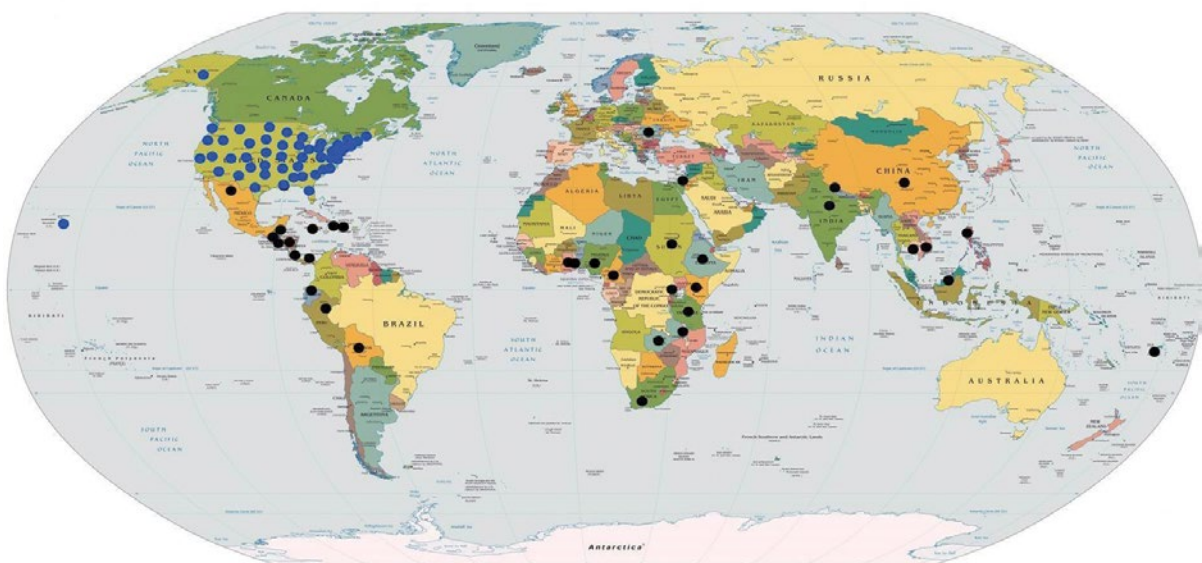
Neil Huben, OMS III received a Rossnick Grant for a medical service trip to Haiti that served nearly 900 patients ranging in age from 5 months to 93 years old, most of whom may have otherwise gone without care. Student Doctor Huben touts the importance of AOF grants in improving international access to health care:

“Osteopathic medicine provides its physicians with a unique skill set that particularly prepares them to provide care in a resource-limited setting. By getting osteopathic students involved in global medicine early on in their careers, they can experience and promote the need for more osteopathic providers in the global setting.”

Another AOF Rossnick grant recipient, Monica Paulson, OMS IV used the funding for a DOCARE International mission trip to Guatemala serving more than 2,000 patients. “This mission trip provides an opportunity for current and future osteopathic physicians to impact individuals, while being active in those local communities. This service reflects well on our profession and allows us to promote osteopathic medicine...thanks to the generosity of donors to the AOF Rossnick Humanitarian Grant.”

Benjamin Kelley, DO, used his AOF Rossnick grant to provide otolaryngology surgical care to patients in Malawi who had no other access to such care. Of this experience, he says,

“Our services made a very tangible difference in the lives of these patients... We will continue to bring a message of hope and love with us as we promote the profession of osteopathy on these surgical missions.”



2018 outreach to 19 countries.

Celebrate outstanding efforts through **Recognition**

2018 **Lifetime Achievement Award**



Ray E. Stowers, DO

AOF's Lifetime Achievement award honors an individual who has made significant contributions to the osteopathic profession and has demonstrated their commitment to osteopathic medicine, its principals and practice, throughout their career.

For 25 years, Dr. Ray Stowers practiced family medicine in rural Oklahoma as the only physician in a 300-mile radius, where he established five health clinics serving rural Oklahoma and Kansas. This sparked a lifelong passion for rural medicine, increasing access to care for underserved populations, and bringing training opportunities and physicians to rural regions of the country.

Learn more about Dr. Stowers' esteemed career [on the AOF website.](#)

2018 AOF James M. Lally, DO **Emerging Leader Award**

Ryan Smith, DO

This award recognizes DOs in practice fewer than five years whose accomplishments and actions have inspired and motivated others to improve the osteopathic profession and public health.

Of his many roles, Dr. Smith says,

"I am continually looking for ways to expand myself both personally and professionally, and to find ways that my developing leadership skills can best be utilized within our osteopathic medical family, particularly in the arena of osteopathic medical education."

Learn more about Dr. Smith [on the AOF website.](#)

2018 **Physician of the Year**

Brian Loveless, DO

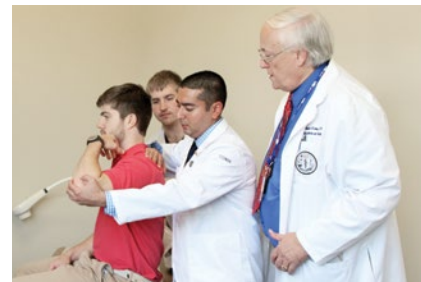
AOF's Physician of the Year award recognizes an osteopathic physician who has achieved greatness through integrity, service and community involvement; who serves as a role model for his or her peers; and who consistently strives to improve patient and public health.

Dr. Loveless believes,

"The osteopathic philosophy is about looking at the whole person – mind, body and spirit. My approach is to make my patients laugh and bring kindness and compassion to whatever is going on with them. This human quality to what we do really makes a big difference."

Learn more about Dr. Loveless' outstanding career [on the AOF website.](#)

2018 AOF W. Douglas Ward **Educator of the Year Award**



J. Michael Wieting, DO, Med

This award honors an osteopathic educator who displays unwavering dedication to the tenets of osteopathic medicine and a true passion for instilling those tenets in future generations of DOs.

Dr. Wieting shares,

"I had a mentor once tell me the way to pay him back for letting me stand on his shoulders and learn from him was to one day let others stand on my shoulders and learn from me. I look at that as my obligation to the profession, my way to leave a legacy."

Learn more about Dr. Wieting's distinguished career [on the AOF website.](#)

2018 AOF Award Recipient Honor Roll

AOF/AOA Presidential Memorial Leadership Award

Michael Paul Brisson, OMS III

Burnett Osteopathic Student Researcher Award

Heather Johnston, OMS IV

Caring for Communities Award

Suburban Community Health Promoters Program/
Mary Elizabeth Vitucci, DO

Donna Jones Moritsugu Memorial Award

Aleka Liazis
Amiee Finch
Anne Victoria Whitehead
Anouar Smaine
Ashley Osak
Brandi Jensen
Chyna Hopkins
Daniel Koestner
David Hornack
Faigi Derman
Gabriel Baracker
Genell Patterson Wheeler
George Skinner
Hannah Ash
Jennifer Lohmann
Justin Troyer
Justina Boles
Kenny Slimp
Laura Kingsley
Lauren Lutz
Martin Rogers
Miriam Gibson
Molly Grow
Patrick Davies
Rachelle Shader
Sara Kruse
Sara Rowshanshad
Sarah French
Terrance Rose
Theodor Edwards, Jr.
Whitney Ottenhoff

Golden Ticket Award (Grand Prize)

Nicholas Sullivan, OMS IV
Gregory R. Liller, OMS II
Sarah Cottrell-Cumber,
OMS IV

Starr Matsushita, OMS IV
Stephanie L. Davenport,
OMS III

HOPE Grant

Brittany Hudson, OMS IV
Peter Boucas, OMS IV
Victoria Egedus, OMS III

Human Touch Community Impact Grant

Andrea Weir, OMS III
Divya Padmanabhan, OMS II
Jonathan Hughes, OMS II
Namratha Jan, OMS II
Neil Huben, OMS III/
Elizabeth Adeyemi, OMS III
Shreel Parikh, OMS IV

James M. Lally, DO, Emerging Leader Award

Ryan M. Smith, DO, MS,
FAPA, FNAOME

Karen J. Nichols LEAD Scholar Award

Alyssa Ritchie, OMS III

Lifetime Achievement Award

Ray E. Stowers, DO

Outstanding Resident of the Year Award

Family Medicine – ACOFP
Alexandra McGuinness
McKenna, DO

Internal Medicine – ACOI
Nicolette Rosendahl, DO

OBGYN – ACOOG Helen
Kristina Martinez-Costa, DO

OMM – AAO Matthew
Brandon Barker, DO

Orthopedic Surgery –
AOAO Michael Groover, DO

Osteopathic Surgery –
ACOS Margo N. Carlin, DO

Pediatrics – ACOP Angela
K. Tyson, DO

Radiology – ACOR Heather
Nicole Hensley Ivy, DO

Paul S. McCord Memorial Award

Priya Shah, OMS III

Physician of the Year

Brian Loveless, DO

Prairie State Scholarship

Amber Brown, OMS IV

Thomas A. Quinn, DO, Osteopathic Scholarship

Wallie Martinez-Vega, OMS III

Turfler Family Memorial Lecture Award

Dennis J. Dowling, DO, MA,
FAAO

Rocovich Research Award

Nicole Angelo, OMS IV

Rossnick Humanitarian Grant

Benjamin Kelley, DO
Brian Laverentz, OMS I
Christina Baxter, OMS IV
Christina Price-Jackson, DO
Carmen Gaddini, OMS II
Daniel Truong, OMS III
Dianne Winter, OMS IV
Diondra Burney, DO
Elizabeth Adeyemi, OMS III
Elizabeth Crow, OMS II
Emily Dries, OMS I
Emily Hudson, OMS IV
Eric Kim, DO
Erin Davis, OMS IV
Esther Quintero, OMS IV
Fiona Hodges, OMS II
Gabriela Teixeira, OMS III
Jacqueline Levene, OMS IV
Jennifer Giza, OMS III
Jessica Testa, OMS IV
Josh Thompson, OMS III
Kathryn Petersen-
Thompson, OMS III
Katie Smeltzer, OMS IV
Kimberly Matz, DO
Kyle Blair, OMS IV
Liana Dagdavaryan, OMS IV
Megan Franzetti, OMS I
Megan Kauffman, OMS III
Monica Q. Paulson, OMS IV
Najaha Musse, OMS II
Nathan Palmer, OMS IV
Neil Huben, OMS III
Patrick Abler, OMS I

Peter Boucas, OMS IV
Robin A. Craig, DO
Rushi Patel, OMS III
Sarah Freeland, OMS II
Stelin Sunny George, OMS III
Victoria Egedus, OMS III
Waseem Sous, OMS IV
William Secor, OMS I
Willie V. Jones, OMS II
Zuyuan Huang, OMS III

W. Douglas Ward, PhD., Educator of the Year Award

J. Michael Wieting, DO,
MEd, FAOCPRM, FAAPMR

Welch Scholars Grant

Abdul Ansari, OMS III
Adam Wolberg, OMS III
Andrew Korneffel, OMS III
Andy Bui, OMS II
Chelsea Reynolds, OMS III
Chukwudubem Obianagha,
OMS II
Daniel F. Sullivan, OMS IV
Haley A. Prough, OMS III
Jacob Thatcher, OMS IV
Janyne Mallender, OMS III
Jeffrey Blakesley, OMS IV
Jillian Allen, OMS III
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Johnson Shepard Zhang,
OMS IV
Jolysa Gallegos, OMS II
Kelly Champlin, OMS II
Lenny Rostomian, OMS III
Michelle Brown, OMS III
Nafee Talukder, OMS IV
Patrick Chizek, OMS IV
Ryan Schumacher, OMS III
Sara Maguina, OMS II
Taylor Sullivan, OMS II
Tuyen Ngoc Tran, OMS III
Yitzhak Lee, OMS IV

William G. Anderson, DO, Minority Scholarship

Kaylette C. Jenkins, OMS III
Zuri Hudson, OMS IV

Statement of **Activities** and Changes in **Net Assets**

	FY2018	FY2017	FY2016
Contribution and Special Event Revenue	\$1,426,732	\$1,107,454	\$1,149,236
Other Revenues.....	\$3,746	\$153	\$509
TOTAL OPERATING REVENUES	\$1,430,478	\$1,107,607	\$1,149,745
Investment Return ¹	(\$661,905)	\$1,774,993	\$621,949
TOTAL REVENUES	\$768,573	\$2,882,600	\$1,771,694
TOTAL EXPENSES.....	(\$1,676,667)	(\$1,599,238)	(\$1,586,822)
CHANGE IN NET ASSETS.....	(\$908,094)	\$1,283,362	\$184,872
Net Assets, Beginning of Year.....	\$13,380,780	\$12,097,418	\$11,912,546
Net Assets, End of Year	\$12,472,686	\$13,380,780	\$12,097,418

¹Investment return includes unrealized gains and losses that are recognized per GAAP for audit purposes. These are paper gains and losses that reflect the change in the fair market value of investment holdings as of December 31 each year, and can cause significant fluctuations in overall revenue reported.

Thank you to our **2018 Partners**



Thank you to our Generous Benefactors

It is with great appreciation and gratitude that the AOF thanks our donors. Your continued generosity allows the AOF to provide the grants, awards and scholarships to the outstanding awardees you've read about in this publication.

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Dr. Thomas and Sissy Quinn
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Western University of Health Sciences

GIFTS OF \$10,000 - \$24,999

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of Osteopathic Medicine
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Barbara Ross-Lee, DO
Rowan University School
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Joseph A. Zammuto, DO

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GIFTS OF \$2,500 - \$4,999

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Physicians
American College of Osteopathic Internists
American College of Osteopathic Pediatricians
American College of Osteopathic Surgeons
American Osteopathic Academy of Orthopedics
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North Carolina Osteopathic Medical Association
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Dr. & Mrs. Dana Schaffer
Thomas Wallace

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The AOF would like to thank all of our donors who kindly contributed amounts below \$1,000, but are too numerous to list in this publication. Your contributions are truly appreciated and enable the Foundation to advance its mission, each and every day.

Please accept our sincere apology if we failed to recognize you, or have recognized you incorrectly in some way. Please report all errors to info@aof.org. Your concerns will be addressed immediately.



American
Osteopathic
Foundation

